

Administrator's Report: ANNUAL GENERAL MEETING 2009
CUMI ADMINISTRATOR'S REPORT
Monday, October 26th, 2009

The Committee for the Upliftment of the Mentally Ill (CUMI)
August 2008 – July 2009
Brandon Hill

The Committee for the Upliftment of the Mentally Ill [CUMI], Brandon Hill Rehabilitation CUMI Day Centre services for the year period August 2008 - July 2009, just like other years working in partnership with the psychiatric department, Poor Relief/Night Shelter and other service provider agencies was able to achieve most of the objectives of the rehabilitation programme and managed the challenges that came with the administration and the delivery of services for the adult and children's programme.

The CUMI Rehabilitation Day Centre statistics for the period reflected the daily attendance of clients visit = **4,445**, averaging **18** daily with the ratio of **11** males to **7** females. The meals served [breakfast and lunch] = **7,877**.

For the same period there were **8 new intakes** [from the hospital and community] with **2** CUMI readmissions and no transfers from CUMI to CRH/ psychiatric emergency. The number of deceased clients for 2008 – 2009 = nil.

CUMI has 3 rehabilitated clients in employment and 3 clients involved in the work project, working with National Solid Waste; other clients are involved in volunteering their services and a number of them are able to obtain periodical days work.

One client was successful in obtaining a house from Food for the Poor and is on the way of becoming a property owner.

The CUMI rehabilitation Day Centre programme can facilitate a maximum of **25** clients per day and there are **32 active files**. The foundation programme are based on activities of daily living with the objective designed to motivate and stimulate skills which will empower the individual coping abilities. The clients start each day by organizing and conducting daily devotion.

The activity programme includes **self maintenance** with the **knowledge** to **understand the illness** and the **taking of medication, regular clinical attendance** to achieve and **maintain good mental health**. Other activities are skill based in craft and wood-work, gardening and caring for nursery plants. As part of the maintenance activities, clients are guided through the process of applying for social benefits such as PATH (poverty Alleviation for Health and Education) and poor relief, together with birth certificate, National ID, TRN (Tax Registration Number), NIS (National Insurance Scheme) and the NHF card (National Health Fund). Suitable clients are exposed to the process of making job application. The ultimate goal is to rehabilitate clients in readiness to re-settle in the community as productive individuals.

The CUMI Day Centre operations compliment the networking services so as to deliver and maximize the psychiatric community services [see network chart, appendix].

The clients are supported in the community by a team of mental health clinical services such as the Cornwall Regional Hospital, Type IV clinics and other community service providers. However, the long standing problems of not having a proper ambulance service to respond to community emergencies still hampers service delivery in St. James also the absence of a drug rehabilitation facility to adequately serve those with drug related issues.

The CUMI Day Centre services are supported by the psychologist sessions Tuesdays and Thursdays by appointment. Other partners are the night shelter facility for those who are homeless.

CUMI is also represented at the regional mental health steering committee meetings, the board of supervision seminars [poor relief] and by invitation CUMI representative presents many presentations on the development of a rehabilitation facility in various parishes.

The CUMI Day Centre is also a recognized facility for trainee social workers; nursing students, high school students and other learning institutions attends to gain community experience in rehabilitation and caring for the mentally ill in the community.

Security

CUMI experienced a period of intense interruption by intruders and thieves. In response the security system was up graded and the entire verandah grilled.

Website

The re-designed website and address www.cumimobay.org worked very well for CUMI exposure with an increase number of persons contacting CUMI via the website. A new contract for 2009 – 2010 was signed in July.

Donors

CUMI is so fortunate and appreciative of all our donors and supporters whether cash or gift-in-kind. A special thanks of gratitude to those who make monthly pledges: Hart Group of Companies [Saffack & Cargo Handlers], Jamaica Money Market Broker's, Mr. & Mrs. Shirley [TOTAL – Barnett St], R. Whitfield, Jacqueline, [Attorney-at-law], Mr. & Mrs. Graham [Ventura].

Monthly gift-in-kind from:

Regal and Jimmy Bakeries, Supersaver, Burchell Baptist and Faith Temple Churches, St. John's Methodist, Half-Moon and the two psychologist service sessions also special thanks to the many sporadic contributors.

Statutory payments and KPMG Audit

For 2008 – 2009 all government statutory payments were made on or before the appropriate dates and are current. Annual returns were all completed and submitted.

The KPMG audit reports upto 2004 was completed and finalized pro bono as pledged. 2005 and onwards a payment arrangement was agreed and 2006 audit to commenced.

The Tourism Enhancement Fund [TEF]

April 2009 a renewed application was made to TEF for financial support, in response a commitment was made to CUMI to support the trust fund and a shortfall grant was also honoured to offset payment for auditing completed by KPMG. CUMI is still obligated to submit monthly reports as to the progress of the outstanding auditing 2006 – 2008.

JMMB Accounts

November 2008, the trust fund accounts were re-structured to accommodate the interest payments transfer to the expense account on a monthly and quarterly basis.

JMMB/CUMI Children's Programme

Phase I children's programme in partnership with the schools [St. James College, Reading Prep, Irwin High, Anchovy High, Green Pond High, Builder's Reading Centre, Chetwood Primary, Catherine Hall School of Hope and Edward Prep/Harrison Memorial]. September 2009 Monique graduated and moved on to Belair High, lower 6, Mandeville and Ottoa commenced her second year at Edna Manley School of visual & performing arts. One child from phase II will move into the phase I programme and continue with therapy and financial assistance.

February 2009, the CUMI phase II children's programme in partnership with Cornialdi Primary School one year agreement ended and all reports submitted to the various offices.

Globe Insurance

Globe Insurance renewed the insurance for contents policy as gift-in-kind for December 2008 – 2009.

Lease Agreement

St. James Parish Council lease/rental agreement for CUMI Day Centre continues with monthly rental fee at \$3,000.00 and is current.

Annual spring-breakers

James Maddison Alternative Spring-breakers continue to visit CUMI for one week in March entertaining and conducting activities with the clients [fifth year].

March/February '09

CUMI new chairperson, Dr. Pearnel Bell was formally installed.

The biggest event ever for 2009

May 2009 the reformed fundraising committee was activated and was able to organize the biggest event ever..... "CUMI Come Run 2009"; September 26th which was a great success. Thanks, thanks, thanks!!!

CUMI continues to be a fortunate organization with a magnificent management and support team to oversee the general administration and service delivery through the CUMI Rehabilitation and Children's Programme.

CUMI also continues to be recognized locally and internationally for the services delivered to the mentally ill.

October 19th, 2009 National Heroes day Mrs. Elizabeth Hall, CUMI's late Chairperson and Treasurer were honoured with Order of Distinction, post humous in recognition of her community service.

The Committee for the Upliftment of the Mentally Ill..... **Heartfelt thanks to all!!!**

CUMI'S MISSION STATEMENT

To reach out and advocate for the homeless and other mentally ill persons of Montego Bay (St. James) and within the limits of resources available, attempt to improve their level of physical and mental health as well as their basic quality of life.

CUMI's regular contact information:

Telephone: (876) 952 - 8737 Fax: 971 - 4943

CUMI's P.O. Box 1751, Montego Bay #2 P.O. St. James, Jamaica. W.I.

CUMI's website – www.cumimobay.org

E-mail: cumi@cwjamaica.com

Next regular meeting: November 16th, 2009, 5:30 p.m. at CUMI Day Centre, Brandon Hill

CUMI Open Day Invitation

All board members and supporters are cordially invited to CUMI Annual Open Day/ Seasonal Party December 15th at 1:00 P.M. CUMI Day Centre, Rectory Drive, Brandon Hill, Montego Bay, St. James. Come and enjoy our concert with entertainer "Mackie Conscious" and the clients!!!!