

**Administrator's Report: ANNUAL GENERAL MEETING 2008**  
**CUMI ADMINISTRATOR'S REPORT**  
Monday, October 27<sup>th</sup>, 2008

The Committee for the Upliftment of the Mentally Ill (CUMI)  
August 2007 – July 2008  
Brandon Hill

The Brandon Hill Rehabilitation CUMI Day Centre operations for 2008 presented its own challenges and new objectives for the general management and the administration of the CUMI rehabilitation and Children's Programme.

The CUMI Rehabilitation Day Centre services for the period facilitated **4,491** client's visits averaging **17** daily, reflecting the ratio of **9** males - **7** females. For the same period there were **13 new intakes** [from the hospital and community], **2** CUMI readmissions and **3** transfers from CUMI to CRH/ psychiatric emergency. The meals served [breakfast and lunch] for the same period = **8,086**.

The CUMI Day Centre can facilitate a maximum of 25 clients per day from home, night shelter and the community. On average most clients attends 3 days per week.

CUMI rehabilitation registry reflects **1,241** caseload of which **35** are active and is amongst the numbers of average clients visit daily. For this same period, the registry reflects 6 deaths and **36** in total since CUMI's inception.

The CUMI Children's Programme statistics/registry [phase I] has 33 registrations of which **15** are active cases. The services of the psychologist, speech therapist, children's coordinator and volunteers [SALTERS] support the programme with workshops for the children, parents and teachers. **February 2008** the children's programme was expanded with the commencement of the Corinaldi Primary School Phase II programme in memory of the late Elizabeth Hall and supported by JMMB.

### **The Rehabilitation Programme**

The main objective of the CUMI rehabilitation programme and activities are structured to improve the client's life coping skills in readiness for re-settling into communities, empowering them with the knowledge to understand and the skills to manage their mental wellness whilst being able to work and function as productive individuals.

### **Volunteering and work motivation**

The clients are encouraged to nurture a spirit of volunteering. This includes **4** of our female clients spending two hours per day [Monday – Friday] volunteering their services to Blossom Garden Child Care Facility. This partnership continues to work well over the years. The male clients also volunteer their time by cleaning the verges around Rectory Drive.

The collaboration with Western Parks and Market, St. James Parish Council and Poor Relief Department provides **3** CUMI clients with employment and **2** clients are in other full time employment. All other clients are motivated to work by participating in kitchen duties, housekeeping, running errands, gardening, plants

nursery care and workshop/craft activities while some are able to obtain day's work/temporary employment. Congratulations are due to one particular client who has worked and achieved the purchasing of his own home and moved in last November.

### **Networking & Clinical services/Mental Health Officers [MHO]**

The networking between services to enhance the mental health maintenance of clients out patient care in St. James involves the following clinics: Cornwall Regional Hospital [CRH] Psychiatry Department, Type 5 community Health Centre, Glendevon, Adelphi, Maroon Town, Granville, Catadupa, Cambridge and Flanker clinics. The St. James Parish Council/ Poor Relief/ Night Shelter, Care Centre and Western Parks and Market complement the wholistic approach with the community mental health services.

The delivery of services is still hampered with the lack of a proper mental health ambulance [P.E.M.T psychiatric team] to respond to emergency request and the vacancies for mental health social workers [CUMI has written letters highlighting these deficiencies and addressed them to the appropriate authorities].

The services at CUMI are further complimented with the Tuesday sessions by the psychologist providing counselling and therapy interventions to support accurate diagnosis in keeping with the treatment plan.

With the support of CUMI, most clients now own a National Health Fund [NHF] card. Clients are guided through the process to obtain new birth certificates, National Insurance Scheme [NIS], Tax Registration Number [TRN] and National I.D. cards. These documents are also required by each client when applying for PATH/Poor Relief benefits and exemption for cost against their treatment and medication.

CUMI remain as a representative on the regional psychiatric strategy steering committee and the mental health review board.

### **Regular Cash Monthly Donors & Gift-In-Kind**

**CUMI is forever thankful and appreciative for the support received from donors in cash, kind and volunteer services.** Very special thanks to MCC [Mennonite Central Committee] and Ron Good for 14 years of service rendered to CUMI through volunteerism. The SALTER's assisted the children's programme and the CUMI Rehabilitation day programme as well as the financial support through the Global Family programme. Ron was also instrumental as a member of the board and served as acting chairman during the last year of his tenure in Jamaica. On August 22<sup>nd</sup> CUMI said farewell and shared an evening dining with Ron and Gussie.

**Our monthly cash donors** are: HART group of companies [Saffack & Cargo Handlers], Jamaica Money Market Broker's, Caribic Vacations, Sandals group [half of the year], Mr. R. Whitfield, Mr. & Mrs. Shirley, Roy & Norma Graham and Mr. N. Chambers.

**Sporadic cash donors** are: St. John's Methodist Men's fellowship, Mr. R. Golaub, Mrs. J. Hamilton, Mrs. L. Allen, St. Paul's United, Rosemary & Lytton, Claire [Toby's Inn Yoga class], Mr. P. Williams [Kingston], J. Fraser [JFJ], Food for the Poor

[Montego Bay] and Doctor's Cave Bathing Club contributed One Million Dollars towards the trust fund.

**Gift-In-Kind:** Jimmy & Regal Bakeries, Supersaver Ltd, Hall's Investment, KPMG [Montego Bay & Kingston office], Globe Insurance, Chicago & Maryland Tourist Organization-USA, Women Centre, Burchell Baptist & Faith Temple churches, St. James College, Montego Bay High School & Albion Primary & Junior High, Mr. Watkin, Mr. L. Young, Mrs. J. Hamilton and D. Paris, Ms. M. Brown, Dr. Fray [Pediatrician], J. Insang [for Caribbean Producers] also the electronic and print media publicity.

Jamaica Public Service [JPS] provides summer volunteers, James Maddison University alternative springbreakers.

There are many other individuals and organizations who contributed cash and kind in support of CUMI.

Globe Insurance Company policy renewed for insurance on contents FIRE AND ALLIED PERILS SCHEDULE policy coverage for CUMI Day Centre December 2007 – December '08 [c/o Mr. D. Prout].

*Letter dated March 25<sup>th</sup> from Prime Minister Bruce Golding in reference to March 16<sup>th</sup>, 2008 letter, stated that he's awaiting report from the ministry of health to ratify concerns re: mental health ambulance status.*

Ministry of Health invited Mrs. Crooks to take up appointment on the Western Regional Mental Health review board, commencing September 1<sup>st</sup>, 2006\*\* [for 3 years].

Lease of agreement with St. James Parish Council re: CUMI Rehabilitation Day Centre Brandon Hill. Monthly rent payment of \$3,000.00 current.

### **Staff**

The CUMI Day Centre staff team consists of 5 persons supported by a relief nurse, male security officer, part-time accountant and MCC volunteers until July 2008.

The paid staff received their annual ten percent increase for 2008 also annual leave for those who are entitled.

The CUMI Day Centre facility continue to support and provide a learning base for the Cornwall School of Nursing Students, UWI School of Continuing Study Social Workers, Pre-University Nurse/students, schools and other learning institutions.

### **Website**

A contract was entered into with Theo Smit, Webmaster to redesign and upgrade CUMI's website with on going maintenance for one year. The remodeled website address is: [www.cumimobay.org](http://www.cumimobay.org). and viewers to the website totaled **3,500** for the period.

## **Financial report**

A monthly financial report is presented to the board at each meeting. The CUMI trust fund accounts are managed at Jamaica Money Market Brokers and the current account at RBTT Bank. KPMG is still in the process of completing the audit reports for 2003 – 2004 as gift-in-kind and will commence negotiation for 2005 – 2008.

**For 2007 – 2008, a special message of thanks to the board of directors for their support: Acting chairman: Ron Good [MCC Rep.], Treasurer: Jane Fray, Secretary: Dawn Paris, Nurse Administrator: Joy Crooks, CUMI Psychologist: Pearnell Bell, CUMI Accountant/Audit: Arden Hamilton & Simone Tingling, prospective members: Norma Graham, Michael McBean and Douglas Prout also the Children's Coordinator: Ann Newnham, [Victor Wong and Lloyd B. Smith honorary supporters].**

CUMI has been very fortunate to have had a magnificent management and support team to oversee the general administration and service delivery through the CUMI Rehabilitation and Children's Programme Phase I and II.

The services that CUMI delivers have been recognized locally and internationally.

During the year, Nurse Crooks has accepted 3 awards in recognition of the services delivered by The Committee for the Upliftment of the Mentally Ill. **Heartfelt thanks to all!!!**

### **CUMI'S MISSION STATEMENT**

To reach out and advocate for the homeless and other mentally ill persons of Montego Bay (St. James) and within the limits of resources available, attempt to improve their level of physical and mental health as well as their basic quality of life.

#### **CUMI's regular contact information:**

**Telephone: (876) 952 - 8737 Fax: 971 - 4943**

**CUMI's P.O. Box 1751, Montego Bay #2 P.O. St. James, Jamaica. W.I.**

**CUMI's website – [www.cumimobay.org](http://www.cumimobay.org)**

**E-mail: [cumi@cwjamaica.com](mailto:cumi@cwjamaica.com)**

**Next regular meeting: November 17<sup>th</sup>, 2008, 5:30 p.m. at CUMI Day Centre, Brandon Hill**